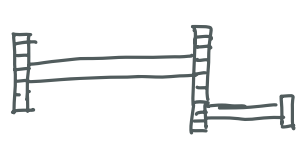


### §3.1 圆截面直杆的扭转



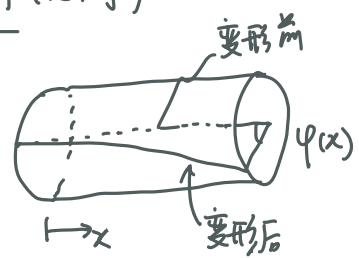
直杆端部所受载荷可以简化为作用在轴向上的力偶(扭矩)



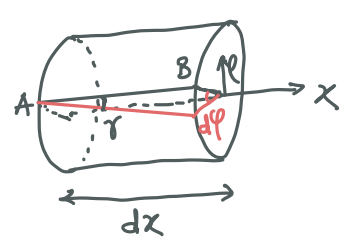
截面应力的合力(内力)为扭矩T, 该受力状态为扭转.

• 平截面假设: 横截面像刚性平面一样绕杆的轴线转动 (几何大为简化但合理)

• 扭转角 (几何)

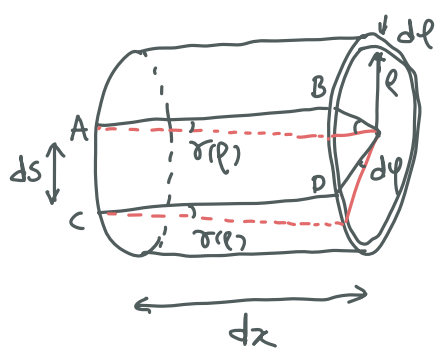


两个截面相对转动的角度  $\varphi = \varphi(x)$ . 取一微元  $dx$ , 得  $d\varphi$ .



单位长度的扭转角为  $\theta = \frac{d\varphi}{dx} \rightarrow d\varphi = \theta(x) dx$    
← 依赖载荷

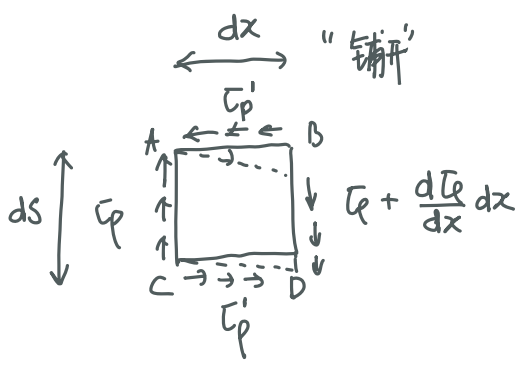
AB 的长度变化  $O(\gamma^2)$ , 角度变化  $\gamma = \gamma(\rho)$    
↑ 径向位置



在  $\rho$  处, 取一  $dp$  厚度圆筒

$$\gamma(\rho) = \frac{d\varphi \times \rho}{dx} = \theta \cdot \rho \rightarrow \boxed{\gamma(x, \rho) = \theta(x) \rho}$$

↑ ABDC 的切应变 (无正应变)

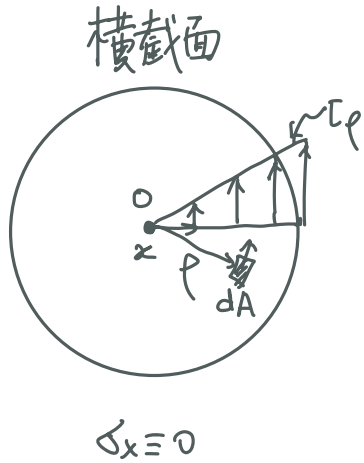


取出微元  $dx ds$  (纯剪切状态)

$$C_p' = C_p \text{ (力矩平衡)}$$

$$\boxed{C_p = G\gamma = G\theta\rho} \text{ (物理方程 / 胡克材料)}$$

考虑几何和物理方程后，还有平衡方程!!! 能考查内力。



$$N_x = 0 = Q_y = Q_z = M_y = M_z$$

$$M_x = \int_A \tau_\rho dA \cdot \rho = G\theta \underbrace{\int_A \rho^2 dA}_{\text{极惯性矩 } I_p}$$

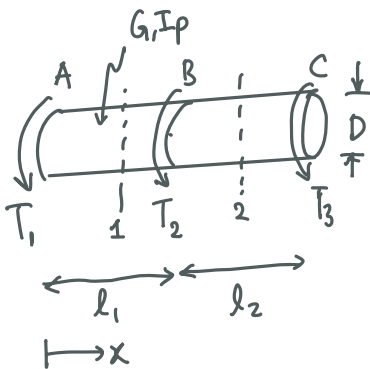
对于圆截面  $I_p = 2\pi \int_0^{\frac{D}{2}} \rho^2 \rho d\rho = \frac{\pi}{32} D^4$

单位长度扭角-扭矩关系:  $\theta(x) = \frac{M_x(x)}{GI_p}$

扭转切应力:  $\tau_\rho(x, \rho) = \frac{M_x \rho}{I_p}$  (0到  $\frac{M_x D}{2I_p}$  线性变化)

当  $M_x = \text{常数}$  时, 扭角-扭矩关系:  $\varphi = \frac{M_x l}{GI_p}$ ,  $GI_p$  - 扭转轴截面刚度,  $\frac{GI_p}{l}$  - 扭转刚度

例 1.



$T_1 = -1572 \text{ N}\cdot\text{m}$ ,  $T_2 = 955 \text{ N}\cdot\text{m}$ ,  $T_3 = 637 \text{ N}\cdot\text{m}$

求最大切应力, 相对扭转角.

① 平衡方程

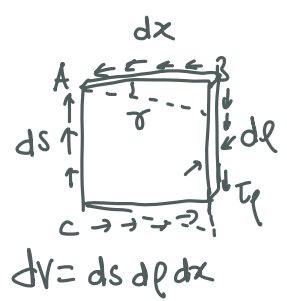
$$M_1 = -T_1, \quad M_2 = T_3 \quad \text{or} \quad M_x = \begin{cases} -T_1, & 0 \leq x < l_1 \\ T_3, & l_1 < x \leq l_1 + l_2 \end{cases}$$

$$\tau_{\max} = \frac{|M_x|_{\max} \rho_{\max}}{I_p} = \frac{|T_1| D}{2I_p}$$

② 物理方程

$$\varphi_1 = \frac{M_1 l_1}{GI_p}, \quad \varphi_2 = \frac{M_2 l_2}{GI_p} \rightarrow \varphi = \varphi_1 + \varphi_2 = \frac{-T_1 l_1 + T_3 l_2}{GI_p}$$

· 扭转应变能



微元的应变能为  $\frac{1}{2} \times \tau \rho ds \times \tau dx = \frac{1}{2G} \tau^2 \rho d\phi \rho dx = u_1$

Diagram showing a circular element with radius rho, angle dphi, and area ds.

(dx长) 圆筒的应变能为  $\int_0^{2\pi} u_1 d\phi = \frac{\pi}{G} \tau^2 \rho d\rho dx = \frac{\pi}{G} \frac{M_x^2 \rho^3}{I_p^2} d\rho dx = u_2$

(dx长) 圆轴的应变能为  $\int_0^D u_2 d\rho = \frac{\pi}{G} \frac{M_x}{4I_p^2} \left(\frac{D}{2}\right)^4 dx = \frac{1}{2G} \frac{M_x^2}{I_p} dx \quad (I_p = \frac{\pi}{32} D^4)$

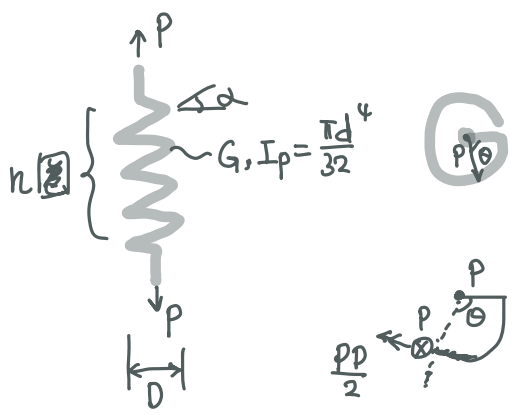
整个轴的应变能为  $U = \int_V \frac{1}{2} \tau \rho \tau dV$  (单位体积)

$= \int_0^l \frac{1}{2} \frac{M_x^2}{G I_p} dx = \int_0^l \frac{1}{2} M_x \cdot \theta dx = \int_0^l \frac{1}{2} G I_p \theta^2 dx$  (单位长度)

$= \frac{M_x^2 l}{2G I_p} = \frac{1}{2} M_x \theta l = \frac{1}{2} G I_p l \theta^2$  ( $M_x, \theta$  为常数时)

$W = \frac{1}{2} M_x \psi$   
外力功

例2. 密圈螺旋弹簧



$|\Delta| \ll l$

忽略 P 剪力对应的变形能。

$W = \frac{1}{2} P \Delta$

$U = n \times \frac{1}{2} \frac{M_x^2 l}{G I_p} = n \times \frac{1}{2} \times \frac{P D^2}{4} \times \frac{\pi D}{G \frac{\pi D^4}{32}} = \frac{4n P^2 D^3}{G d^4}$

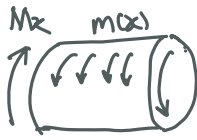
$W = U \rightarrow \Delta = \frac{8n D^3}{G d^4} P$

$\rightarrow k = \frac{G d^4}{8n D^3}$  弹簧刚度

(需要  $D \gg d$  才可忽略剪力 P)

### · 非均匀扭转

现在考虑更为一般的形式  $M_x = M_x(x)$ ,  $\theta = \theta(x)$ ,  $I_p = I_p(x)$



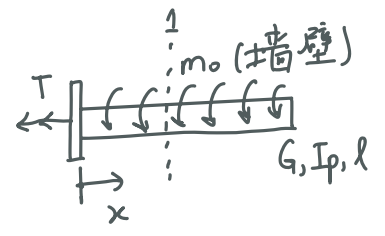
$$M_x + \frac{dM_x}{dx} dx + O(dx^2) \rightarrow \boxed{\frac{dM_x}{dx} + m(x) = 0} \text{ 平衡方程}$$

物理方程仍为  $\theta = \frac{M_x}{GI_p} = \frac{d\psi}{dx}$  (因为正是根据微元 FBD 分析得到的)

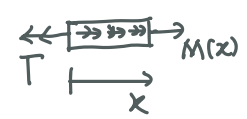
$$\rightarrow \boxed{\psi(l) - \psi(0) = \int_0^l \frac{M_x(x)}{G(x)I_p(x)} dx}$$

同样地:  $\tau_\rho(x, \rho) = \frac{M_x(x)\rho}{I_p(x)}$

### 例3. 螺钉受摩擦作用



① 平衡方程



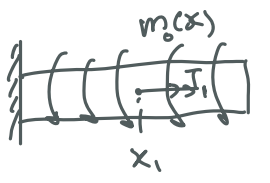
$$T = m_0 l$$

$$M(x) = T - m_0 x = m_0 (l - x)$$

② 物理方程

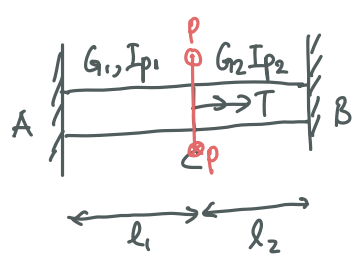
$$\theta = \frac{d\psi}{dx} = \frac{M}{GI_p} = \frac{m_0(l-x)}{GI_p}$$

$$\Delta\psi = \int_0^l \theta dx = \frac{m_0 l^2}{2GI_p}$$

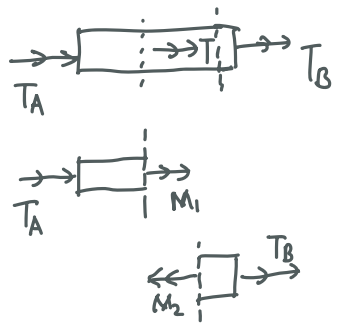


? 分段或  $m(x) = m_0(x) + T_1 \delta(x - x_1)$

# 扭转静不定问题



## ① 平衡方程



$$T_A + T_B + T = 0$$

$$M_x = \begin{cases} -T_A, & 0 \leq x < l_1 \\ T_B, & l_1 < x \leq l_1 + l_2 \end{cases}$$

## ② 物理方程

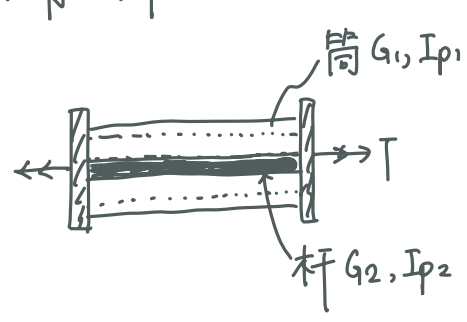
$$\varphi_{Ac} = \frac{-T_A l_1}{G_1 I_{p1}}, \quad \varphi_{cB} = \frac{T_B l_2}{G_2 I_{p2}}$$

Check:  
 $k_1 \rightarrow \infty, k_2 \text{ finite?}$

## ③ 几何方程

$$\varphi_{AB} = \varphi_{Ac} + \varphi_{cB} = 0 \rightarrow T_A = \frac{-\frac{G_2 I_{p2}}{l_2} T}{\frac{G_1 I_{p1}}{l_1} + \frac{G_2 I_{p2}}{l_2}} = -\frac{k_1 T}{k_1 + k_2}, \quad T_B = -\frac{k_2 T}{k_1 + k_2}, \quad \varphi_{Ac} = -\varphi_{cB} = \frac{T}{k_1 + k_2}$$

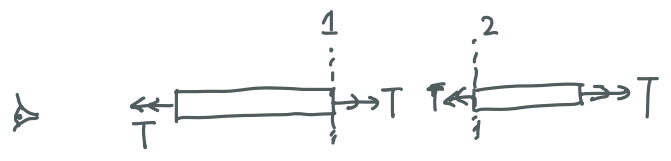
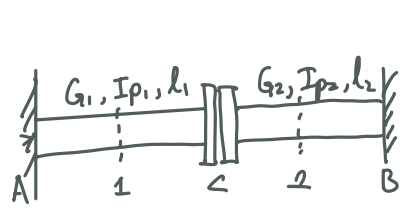
## 等价组合轴



$$\Delta \varphi_{\text{筒}} = \Delta \varphi_{\text{杆}} = \frac{T l}{G_1 I_{p1} + G_2 I_{p2}}$$

几何方程

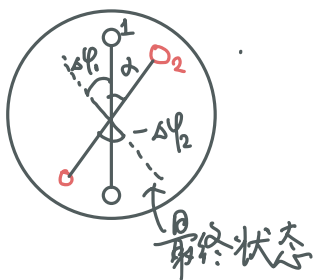
## 例4. 装配扭矩



$$\text{物理: } \Delta \varphi_1 = \frac{T l_1}{G_1 I_{p1}}, \quad \Delta \varphi_2 = \frac{T l_2}{G_2 I_{p2}}$$

$$\varphi_c = \varphi_c'$$

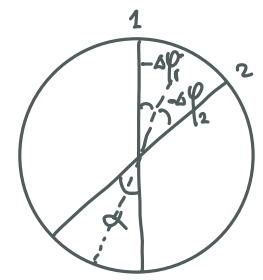
$$\varphi_c - \varphi_A = -\alpha$$



几何:  $-\Delta\psi_2 = \Delta\psi_1 + \alpha$

$\rightarrow T = \frac{-\alpha}{l_1/G_1I_{p1} + l_2/G_2I_{p2}}$

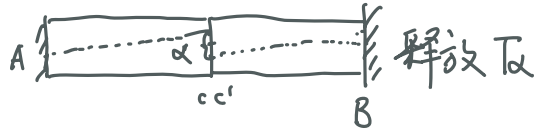
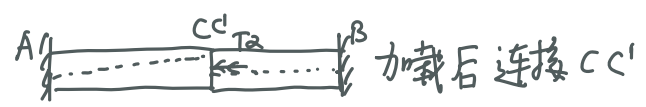
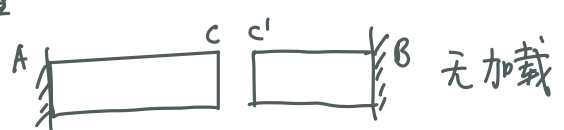
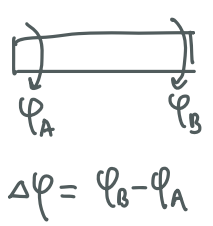
$\Delta\psi_1 = \frac{-l_1/G_1I_{p1}\alpha}{l_1/G_1I_{p1} + l_2/G_2I_{p2}}, \Delta\psi_2 = \frac{-l_2/G_2I_{p2}\alpha}{l_1/G_1I_{p1} + l_2/G_2I_{p2}}$



Check: ①  $l_1/G_1I_{p1} = l_2/G_2I_{p2} \rightarrow \Delta\psi_1 = \Delta\psi_2 = -\frac{\alpha}{2} \checkmark$

②  $l_1/G_1I_{p1} \rightarrow 0 \rightarrow \Delta\psi_1 \rightarrow 0, \Delta\psi_2 \rightarrow -\alpha, T \rightarrow \frac{-\alpha G_2I_{p2}}{l_2} \checkmark$

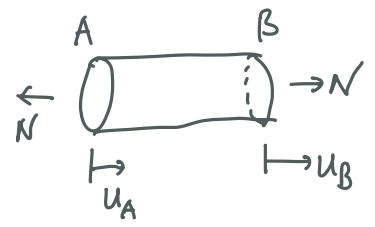
更为简单一些的几何考量



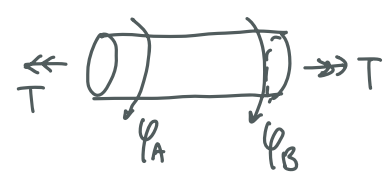
$\psi_C' - \psi_C = \alpha$

$\underbrace{\psi_C - \psi_A}_\Delta\psi_1 + \underbrace{\psi_B - \psi_C'}_\Delta\psi_2 + \alpha = 0$

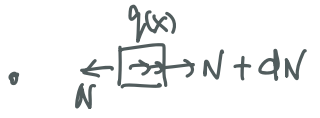
拉压问题与扭转问题的相似性



$\Delta l = u_B - u_A = \frac{Nl}{EA}$   
 由 N, E, A



$\Delta\psi = \psi_B - \psi_A = \frac{Tl}{GI_p}$   
 由 T, G, I\_p

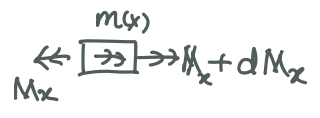


$$\frac{dN}{dx} + q(x) = 0$$

$$\epsilon(x) = \frac{du}{dx} = \frac{N(x)}{EA}$$

$$\Delta l(x) = \int_0^x \frac{N(x)}{E \cdot A(x)} dx$$

≠ 均匀的 N, E, A



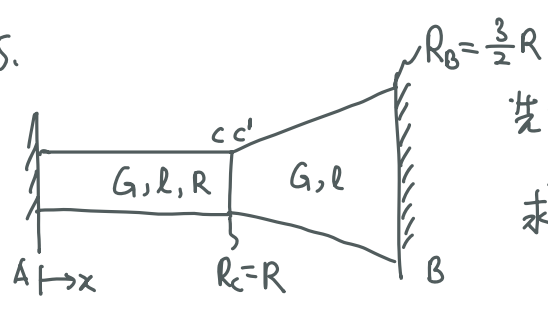
$$\frac{dMx}{dx} + m(x) = 0$$

$$\theta(x) = \frac{d\varphi}{dx} = \frac{Mx(x)}{GI_p}$$

$$\Delta\varphi(x) = \int_0^x \frac{Mx(x)}{G(x)I_p(x)} dx$$

≠ 均匀的 Mx, G, Ip.

例 5.

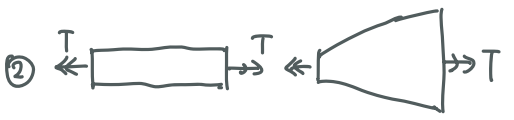


先施加  $\phi_0$  到 AC, 再固定 c c'

求  $\varphi(x)$  分布.



$$\varphi_0 = \varphi_c - \varphi_A^{\circ} = \frac{T_0 l}{GI_p} \rightarrow T_0 = GI_p \frac{\phi_0}{l}$$



杆 AC:  $\phi_c - \phi_A^{\circ} = \frac{Tl}{GI_p} \rightarrow \phi_c = \frac{2Tl}{\pi GR^4} \rightarrow \phi(x) = \frac{2Tx}{\pi GR^4}$

杆 CB (具有非均匀的  $I_p$ ):  $R(x) = R + \frac{1}{2}R \frac{x-l}{l} \rightarrow I_p(x) = \frac{\pi}{2} R^4(x)$

$$\phi_B^{\circ} - \phi(x) = \int_x^{2l} \frac{2T}{G\pi [R + \frac{1}{2}R \frac{x-l}{l}]^4} dx$$

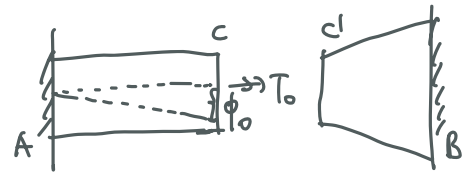
$$= \int_{R + \frac{1}{2}R \frac{x-l}{l}}^{\frac{3}{2}R} \frac{2T}{\pi G u^4} \cdot \frac{2l}{R} du$$

$$u = R + \frac{1}{2}R \frac{x-l}{l}$$

$$du = \frac{1}{2} \frac{R}{l} dx$$

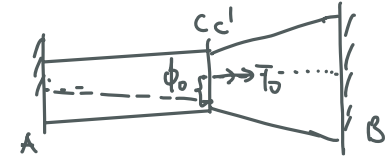
$$= \frac{4Tl}{3\pi GR} [-u^{-3}]_{R + \frac{1}{2}R \frac{x-l}{l}}^{\frac{3}{2}R} = -\frac{4Tl}{3\pi GR} \left[ \frac{1}{(R + \frac{1}{2}R \frac{x-l}{l})^3} - \frac{8}{27} \frac{1}{R^3} \right]$$

$$\rightarrow \phi_{c_1} = \phi(x=l) = -\frac{4Tl}{3\pi GR} \cdot \frac{19}{27} \frac{1}{R^3} = -\frac{76Tl}{81\pi GR^4}$$



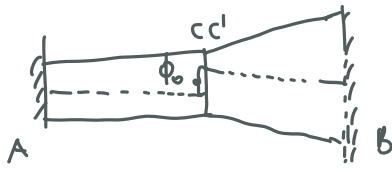
几何方程  $\phi_c - \phi_{c_1} \equiv \phi_0$

$$\rightarrow \frac{2Tl}{\pi GR^4} + \frac{76Tl}{81\pi GR^4} = \phi_0 \rightarrow T = \frac{81}{238} \frac{\pi GR^4}{Tl} \phi_0$$



Check: ① 期待  $\phi_{c_1} < 0$ ,  $T > 0 \rightarrow \phi_{c_1} < 0 \checkmark$

②  $0 < \phi_c < \phi_0$ ,  $\phi_c = \frac{81}{119} \phi_0 \checkmark$

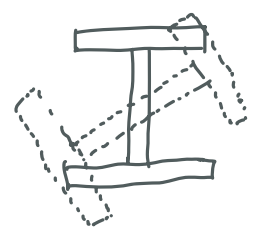


$$\tau_{max} = \left(\frac{TR}{GI_p}\right)_{max} = \frac{2T}{\pi GR^3} \Big|_{max} \rightarrow \text{在AC杆表面处}$$

### §3.2 闭口薄壁截面直杆的扭转

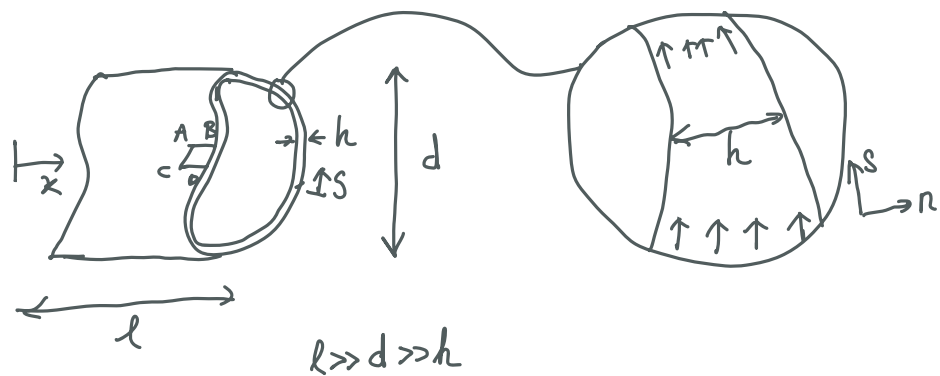
#### 刚周边假设

对于非圆截面，平截面假设不再合适。例如，同样面积下，圆的  $I_p$  小于矩形截面的  $I_p$  但实际圆截面杆的抗扭刚度更大？截面发生翘曲。接下来，我们允许截面翘曲，但假设翘曲后的截面在其变形前的平面上的投影形状保持不变。



扭转变形可分成两部分 ① 绕杆轴转过一个角度 ② 沿杆轴方向翘曲。

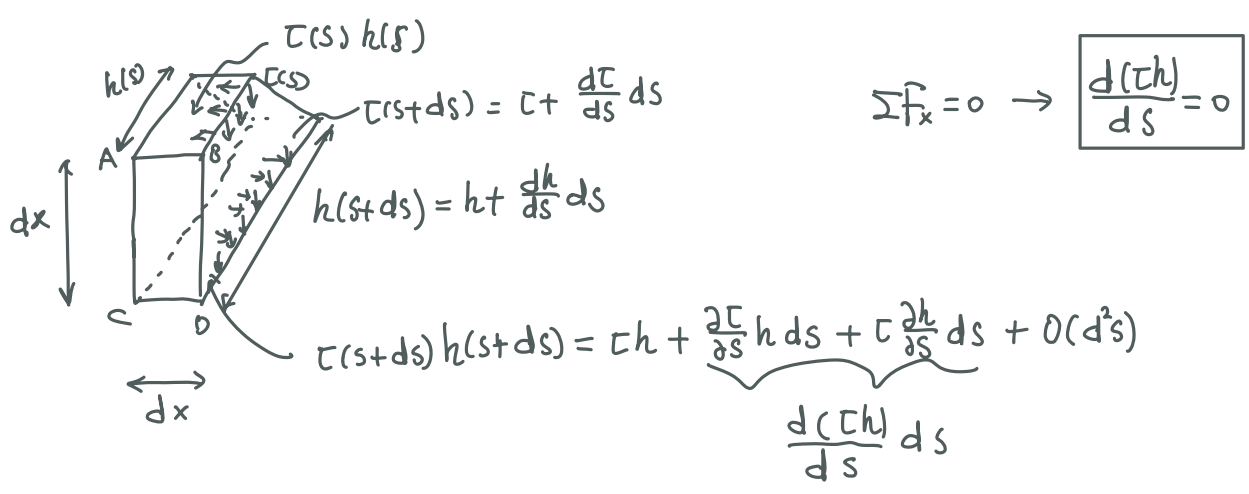
#### 薄壁截面



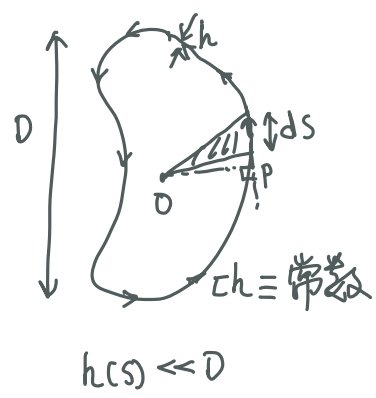
认为应力  $\tau$  沿厚度  $h$  方向的变化不重要，更关心  $\tau$  作为厚度方向的平均，对应的单位  $s$  的合力  $\tau h$ 。



先考虑均匀扭转(不依赖于x)  $\rightarrow c=c(s), h=h(s)$ , 取微元  $ABCD$ .



可以进一步求  $ch$  所带来的合力矩(内力)

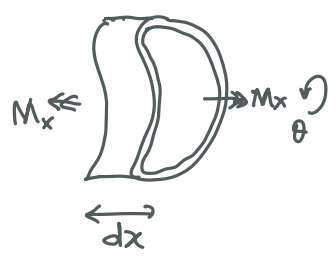


$dM_x = r \cdot c \cdot h \cdot ds = 2(ch) dA_m$  ← 阴影面积

$\rightarrow M_x = 2ch A_m$  or  $c(s) = \frac{M_x}{2A_m h(s)}$

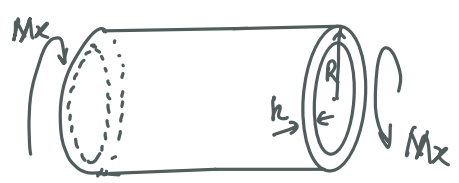
截面中线所包围的面积  $c_{max}$  发生于  $h_{min}$  处,  $c_{min}$  发生于  $h_{max}$  处

怎么确定  $c-\theta$  或  $M-\theta$  关系? 通常采用微元分析(确实可以 P107-108), 但我们在这里举一个更简洁的方法-能量法.



$\frac{1}{2} M_x \theta dx = \frac{1}{2} \int_V \frac{c^2}{G} dV = \frac{1}{2} \oint \frac{c^2}{G} dx \cdot ds \cdot h$   
 壳体层面  
 或外力功  
 $= \frac{ch}{2G} \oint c ds$   
 $= \frac{M_x}{4GA_m} \oint c ds \Rightarrow \theta = \frac{1}{2GA_m} \oint c ds$   
 $\theta = \frac{M_x}{G(4A_m^2 / \oint h ds)}$

例1. 薄壁圆筒



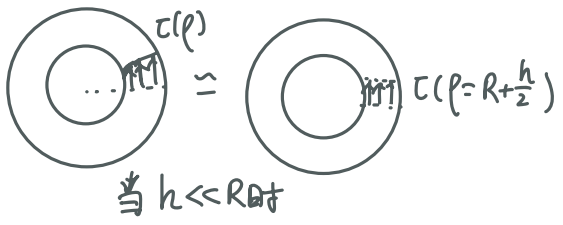
$A_m = \pi R^2, h(s) \equiv h$   
 $\rightarrow c(s) = \frac{M_x}{2\pi R^2 h}, \theta = \frac{1}{2G\pi R^2} \oint c ds = \frac{M_x}{G \cdot 2\pi R^3 h}$

圆截面可以用  $\theta = \frac{Mx}{GI_p}$  可求解, 其中  $I_p = \frac{\pi}{32}(D_{out}^4 - D_{in}^4)$

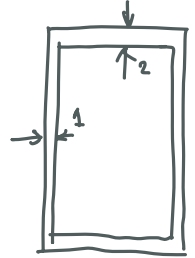
$$= \frac{\pi}{2}(R_{out}^4 - R_{in}^4)$$

$$= \frac{\pi}{2} \left[ (R + \frac{h}{2})^4 - (R - \frac{h}{2})^4 \right] \approx 2\pi R^3 h$$

$(R^4)' \cdot h$



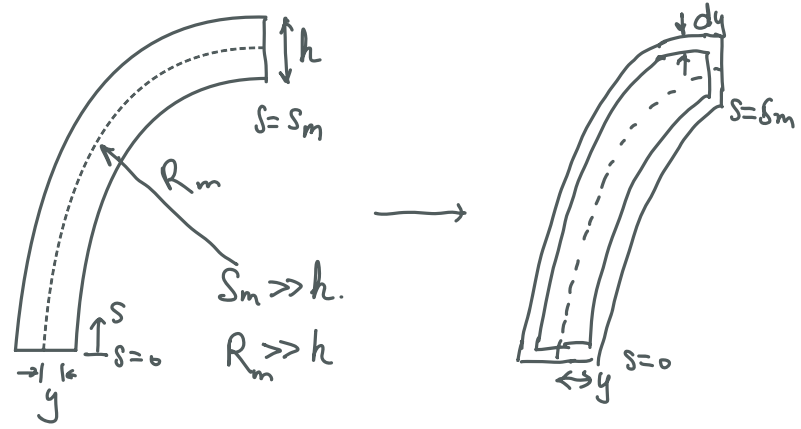
例2.



$\tau_{max}$ ? (P110).

### §3.3. 开口薄壁截面直杆的扭转

这类问题的解法可参考弹性力学, 这里我们可以做一定简化, 方便工程设计.



- 取距离截面中心线 y 处的 dy 厚度“闭口薄壁杆”. ( $cdy \equiv$  常数).
- 认为任意 y 处的“闭口杆”都扭转  $\theta$  (刚截面)

$$\theta = \frac{1}{2GA_m} \int c ds, \quad A_m(y) \approx 2S_m y, \quad \int c ds \approx 2S_m \tau$$

$$\rightarrow \theta \approx \frac{2S_m \tau}{2G \cdot 2S_m y} = \frac{\tau(y)}{2Gy} \quad \text{or} \quad \boxed{\tau(y) = 2G\theta y} \text{ 线性分布.}$$

$$C = \frac{dM_x}{2A_m dy} \rightarrow dM_x = 2 \cdot 2S_m y \cdot 2G\theta y \cdot dy = 8GS_m \theta y^2 dy$$

$$\rightarrow M_x = \frac{1}{3}GS_m h^3 \theta \quad \text{or} \quad \theta = \frac{M_x}{G \frac{1}{3}S_m h^3}$$

无缝管

$$\theta_1 = \frac{M_x}{G 2\pi R^3 h}$$

$$C_1 = \frac{M_x}{2\pi R^2 h}$$

$$k_1 = \frac{M_x}{\theta_1 l} = 2\pi R^3 h / l$$

有缝管

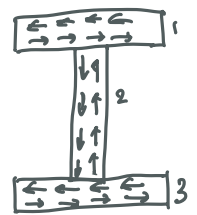
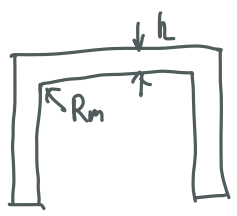
$$\theta_2 = \frac{M_x}{G \frac{1}{3} 2\pi R h^3}$$

$$C_2^{max} = \frac{M_x}{\frac{1}{3}\pi R h^3} \times \frac{h}{2}$$

$$k_2 = \frac{M_x}{\theta_2 l} = \frac{2}{3}\pi R h^3 / l$$

$$\begin{cases} k_1 / k_2 = 3R^2 / h^2 \gg \gg 1 & I_{p1} \sim R^3 h \\ C_1 / C_2^{max} = h / 3R \ll 1 & I_{p2} \sim R h^3 \end{cases}$$

工程中截面的形状往往是几个开口杆的拼接，如工字梁。拼接处的曲率半径可以认为是无限小，这时的处理方式假设每一部分承受的扭转是独立的（ $\theta$  相同）。



$$(M_x)_i = \frac{\theta}{3} (GS_m h^3)_i$$

$$M_x = \sum_i (M_x)_i = \frac{\theta}{3} \sum_i (GS_m h^3)_i$$

编为 k 部分上扭矩:  $(M_x)_k = \frac{(GS_m h^3)_k M_x}{\sum_i (GS_m h^3)_i}$

编为 k 部分上最大切应力  $(C_k)_{max} = \frac{3(Gh)_k M_x}{\sum_i (GS_m h^3)_i}$

对于  $G_1 = G_2 = \dots = G_n$ ,  $C_{max} = \frac{3M_x h_{max}}{\eta \sum_i (S_m h^3)_i}$

修正系数  $\sim 1.2$  (工字钢)

### §3.4. 直杆扭转的强度和刚度计算.

强度:  $\tau = \frac{M_x \rho}{I_p} \rightarrow |\tau|_{max} = \frac{|M_x|_{max}}{W_p} \leq [\tau] \sim \begin{cases} 0.5 - 0.6 [\sigma] & \text{塑性材料} \\ 0.8 - 1.0 [\sigma] & \text{脆性材料} \end{cases}$

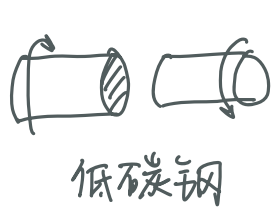
↑ 抗扭截面系数

刚度:  $\theta = \frac{M_x}{G I_p} \rightarrow |\theta|_{max} = \frac{|M_x|_{max}}{G C} \leq [\theta] \sim \begin{cases} 0.15^\circ - 0.30^\circ/m & \text{精密机器} \\ 2^\circ/m & \text{一般传动轴} \end{cases}$

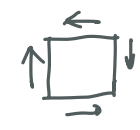
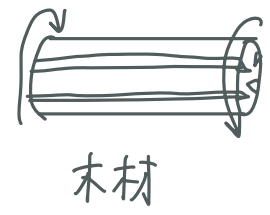
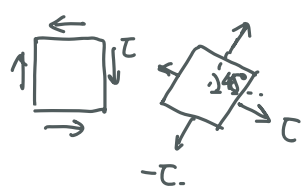
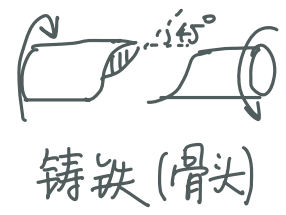
↑ 许可刚度系数

	$W_p$	$C$
圆截面	$\frac{1}{16} \pi D^3$	$\frac{1}{32} \pi D^4$
圆筒截面	$\frac{1}{16} \pi D^3 (1 - \frac{D'^4}{D^4})$	$\frac{1}{32} \pi (D^4 - D'^4)$
闭口薄壁	$2 A_m h_{min}$	$4 A_m^3 / \oint \frac{1}{h} ds$
开口薄壁	$\frac{J}{3 h_{max}} \sum_i (S_m h_i^3)_i$	$\frac{1}{3} J \sum_i (S_m h_i^3)_i$

#### 破坏模式

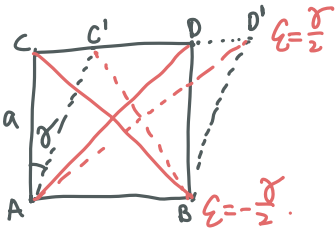


$\tau \rightarrow \tau_s$



这是一个很好的应力分析的例子. 我们已经讨论过  $\left[ \begin{array}{c} \sigma \\ \tau \end{array} \right]$  这个例子. 现在讨论下面这个例子:

### 作业题 1.7

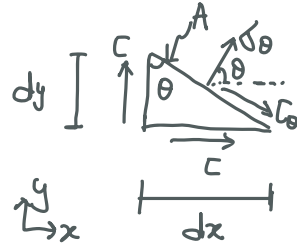


$$AD' = \sqrt{a^2 + a^2(1+\gamma)^2} = \sqrt{2}a \sqrt{1+\gamma+\frac{1}{2}\gamma^2} \approx \sqrt{2}a \left[ 1+\frac{1}{2}\gamma + O(\gamma^2) \right]$$

$$\epsilon_{AD} = \frac{AD' - AD}{AD} = \frac{1}{2}\gamma$$

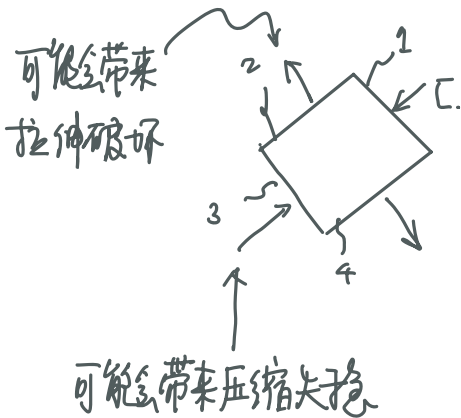
$$\epsilon_{BC} = -\frac{\gamma}{2} \quad (\text{相同的推导方法})$$

纯剪切的45°方向会有线应变  $\pm \frac{1}{2}\gamma$ .



$$\sum F_{\theta} = 0 \rightarrow \sigma_{\theta} A + \underbrace{\tau \cdot A \cos \theta \cdot \sin \theta}_{F_{\uparrow}} + \underbrace{\tau A \sin \theta \cdot \cos \theta}_{F_{\rightarrow}} = 0 \rightarrow \sigma_{\theta} = -\tau \sin 2\theta$$

$$\sum F_{\tau} = 0 \rightarrow \tau_0 A - \tau A \cos \theta \cdot \cos \theta + \tau A \sin \theta \sin \theta = 0 \rightarrow \tau_0 = \tau \cos 2\theta$$



$$1: \theta = \frac{\pi}{4} \rightarrow \sigma_1 = -\tau, \tau_1 = 0$$

$$2: \theta = \frac{3\pi}{4} \rightarrow \sigma_2 = \tau, \tau_2 = 0$$

$$3: \theta = \frac{5\pi}{4} \rightarrow \sigma_3 = -\tau, \tau_3 = 0$$

$$4: \theta = \frac{7\pi}{4} \rightarrow \sigma_4 = \tau, \tau_4 = 0$$